

# Park County Mental Health Resource List

## **Montana Suicide Prevention Lifeline:**

1-800-273-TALK (8255)

\*24 hour hotline, connects you to skilled, trained counselors who can assist with any problems you or your family may be dealing with.

## **CRISIS TEXT LINE**

Text MT to 741-741

\*Free 24/7 text line for people in crisis

**Bozeman Help Center Hotline**- Local 24 hour crisis hotline.

406-586-3333

## **Child, Adolescent, Adult, and Family Therapy:**

Rise/L'esprit- Mental Health Agency for Children, Adolescents, and Adults

124 South Main Street

Livingston, MT 59047

406-222-7641

Berglund, Becky- Specializes in grief, loss, trauma, and life transitions.

*LCPC*

119 ½ Park Street #4

Livingston, MT 59047

406-599-3528

Campbell, Meriweather- Specializes in expressive art therapies, trauma, alcoholism and substance abuse treatment.

*LCPC*

124 S. Main Street #204

Livingston, MT 59047

406-223-8773

Delich Counseling Services- Specializes in trauma, addiction, and other difficult life issues.

*LCSW, LAC*

320 North Main Street #4

Livingston, MT 59047

406-223-3104

Jergenson, Psy. D, Rachel- Military experience. Specializes in depression, anxiety, loss, and trauma.

*Clinical Psychologist*

124 South Main Street Suite 201

Livingston, MT 59047

406-224-0727

McGrath, Debra- Specializes in grief, loss, trauma, and life transitions.

*LCPC*

215 East Lewis Street

Livingston, MT 59047

406-223-8205

McNamee, Lisa A.- Specializes in working with adolescents families struggling with anxiety, depression, grief, trauma, PTSD, self-harm, self-esteem, and relational difficulties.

*LCPC*

119 West Park Street #5

Livingston, MT 59047

406-224-2949

Scalia III, Psya.D., Joseph- Specializes in in-depth, intensive treatment of most maladies, addressing the unconscious and the repetition compulsion. Works with a full range of neuroses and psychoses.

*Psychoanalyst*

103 1/2 South Main Street

Livingston, MT 59047

406-580-2235

Stone, Liz- Specializes in marriage and family therapy, depression, trauma, divorce, anxiety, relationships, and self-esteem.

*LCPC*

119 1/2 West Park Street Suite 5

Livingston, MT 59047

406-220-0899

Miquelle, Dana, MSW

406-587-8775

Nelson, Haley LCPC, LLC

124 South Main St.

Livingston, MT 59047

406-220-2290

[HaleyNelsonMS@gmail.com](mailto:HaleyNelsonMS@gmail.com)

Petrulis, Amy LCPC

406-223-2092

Powell, David LAC

406-223-0886

Urgent Care

406-222-0030

Livingston Health Care

Stan, Ana D., MD, PhD Psychiatry 406-222-0800

Swarny, Bruce, MD Psychiatry 406-222-0800

Community Health Partners- Behavioral health services for patients who receive their primary medical care at CHP. Specialties in anxiety, depression, trauma, parenting, mood disorders as well as suicide assessments and crisis interventions. Fees based on sliding scale.

108 1/2 Callender Street

Livingston, MT 59047

406-222-1111

Hope House -provides crisis stabilization through a 24-hour monitoring for persons 18 years and older suffering from a mental health crisis.

Bozeman 406-556-6500

\*Most area pastors are trained in grief and offer free sessions\*

### **Additional Community Resources:**

Aspen (Abuse Support & Prevention Education Network)- Provides services to anyone in a situation of domestic or sexual violence.

320 North Main Street

Livingston, MT 59047

406-222-5902

406-222-8154 (24 Hours Crisis Line)

Big Brothers Big Sisters- Professionally supported one-to-one relationships for children and teens.

105 S. 2<sup>nd</sup> Street

Livingston, MT 59047

406-222-1930

Montana Peer Network- Support for individuals in recovery from mental health substance abuse and/or addiction struggles.

109 East Lewis Street  
Livingston, MT 59047  
406-551-1058

Livingston Mental Health Center- Assists individuals and communities with the challenges of mental health, substance use and co-occurring disorders.

1315 W Crawford *Livingston*, MT 59047.  
Phone: (406) 585-5120. Fax: (866) 991-6986

Shift Empowerment Youth Program- Empowering individuals, families and communities through transformational personal development.

105 ½ S 2<sup>nd</sup> Street  
Livingston, MT 59047  
406-222-7879

South West Chemical Dependency- Outpatient treatment for substance use disorder.

430 East Park  
Livingston, MT 59047  
406-222-2812

Yellowstone Boys and Girls Ranch- Mental health center providing a broad range of services for children and their families. Staff currently available for services.

5237 HWY 89 South Suite 1  
Livingston, MT 59047  
406-222-6490

Youth Dynamics- Behavioral Health Services for Children and Families.

817 West Park Street  
Livingston, MT 59047  
406-222-6610

Rise/Cool Café-

124 South Main Street  
Livingston, MT 59047  
406-222-7641

\*\* free snack and meal for all children under 18 years of age, Monday through Friday between 3:30-6:00.

Juvenile Probation

406-222-4162

Child and Family Services Livingston

406-222-7402

HRDC-Youth-housing, Vouchers, Employment

406-585-4858

Park County Medicaid

406-222-8000

Livingston Health Care- Financial Counselors to assist in a child/adult obtaining health insurance

Donna Hemmingsen: 406.823.6623

Jesse Sumner: 406.823.6489

Family Outreach : Adult and Children services

406-587-2477

CASA- Our mission in Park and Sweet Grass Counties is Advocating for Abused and Neglected Children within the Judicial System. You can help by becoming a sponsor, or by volunteering your time and becoming a Court Appointed Special Advocate! 406-222-4904

**Online Resources:**

Montana Department of Health and Human Services

<http://dphhs.mt.gov/amdd/Suicide>

Center for Disease Control and Prevention (CDC)

<http://www.cdc.gov/violenceprevention/suicide/>

Online Crisis Chat-

<http://www.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx>

<http://suicide.org>

<http://save.org>